

A Directory of Changing Places Toilets in Scotland

Changing Places – Changing Lives



Changing Places Toilets

Changing Places toilets are specially designed for people with complex and multiple disabilities who require the help of one or two assistants.

PAMIS, through the Changing Places Consortium and along with many other organisations, has been campaigning for these toilets to be provided by local authorities in all towns and cities across Scotland. In February 2009, Changing Places toilets were included in the British Standards BS8300. This means that they should be included in all new larger buildings and complexes such as:

- Large railway stations & airports
- Sports & leisure facilities
- Cultural centres such as concert halls and art galleries
- Shopping centres
- Health facilities such as hospitals

At present *PAMIS* has details of 62 Changing Places toilets in Scotland. These Changing Places toilets were built before the new British Standard, BS 8300: 2009 was launched so they may not be as large as the standard recommends but they all have a height adjustable changing bench and a hoist. If the facility does not have all the components required of a Changing Places toilet, then there is an explanatory note.

We are reliant on local authorities, professionals, families, and carers for information on these toilets. If you know of a Changing Places toilet that is not in this leaflet please contact us. Also if you use one of these toilets and it is not up to the standard you would expect, please let us know.

t 01382 385 154 or **pamis@dundee.ac.uk**.

As many of the Changing Places toilets listed overleaf are in resource centres and sports centres we would advise you to contact them to check availability and opening hours before you visit.

Many of the Changing Places toilets require a RADAR key to access them. These are available from **www.radar.org.uk**.

An example of a Changing Places toilet



Requirements of a Changing Places Toilet

- an adult sized, height adjustable changing bench which is either wall mounted or free standing
- a ceiling tracking or a mobile hoist
- a peninsular (centrally placed) toilet
- a privacy screen or curtain
- a large bin for pads
- an emergency alarm
- a paper roll
- a non slip floor
- adequate space for a disabled person when they are not in their wheelchair, their wheelchair and one or two carers. The standard minimum size was 7m² when we launched the campaign in 2006, it has now been revised to 12m² (3m x 4m), BS8300:2009.

Aberdeen City	Union Square Shopping Centre Guild Square Aberdeen AB11 5RG	t 01224 254300
	Kincorth Sports Centre Corthan Crescent Kincorth AB12 5BB	t 01224 769759
Aberdeenshire		
Angus	Arbroath Swimming Pool Keptie Road, Arbroath DD11 3EW	t 01241 872999 N.B. Does not meet required size
	Lilybank Resource Centre Arbroath Rd Forfar DD8 2JJ	t 01307 466788
	Lochlands Resource Centre 2 Cairnie Road Arbroath, Angus DD11 3DY	t 01241 430027
	Rosehill Resource Centre Forties Road Montrose DD10 9ET	t 01674 673313
	Websters Sports Centre Prosen Road Kirriemuir DD8 5AT	t 01575 574849
Argyll & Bute	Aqualibrium Kinloch Road Campbeltown PA28 6EG	t 01586 551212
Clackmannanshire	The Leisure Bowl Parkway Alloa FK10 2AT	t 01259 723527

Dumfries & Galloway	<p>DGOne Leisure Centre Hoods Loaning Dumfries DG1 2HT</p> <p>Public Toilet Munches Street Dumfries DG1 1ET</p>	t 01387 243550
Dundee City	<p>Dundee University Dalhousie Building, New Teaching Block, Old Hawkhill, Dundee DD1 4HN</p> <p>Ninewells Hospital Ninewells Avenue Dundee DD1 9SY</p> <p><i>PAMIS</i> 15/16 Springfield University of Dundee DD1 4JE</p> <p>Windmill Gardens Broughty Ferry Beach, Dundee DD5 2EL</p> <p>White Top Centre Westfield Avenue Dundee DD1 4JT</p>	<p>t 01382 381313</p> <p>t 01382 660111</p> <p>t 01382 385154</p> <p>t 01382 432872</p> <p>t 01382 435198</p>
East Ayrshire	<p>The North West Kilmarnock Area Centre Western Road Kilmarnock KA3 1NQ</p>	t 01563 578700 N.B. Does not meet required size
East Dunbartonshire		
East Lothian	<p>Fisherrow Harbour New Street Musselburgh EH21 6DH</p>	
East Renfrewshire	<p>Barrhead Resource Centre 8 Carlibar Road Barrhead G78 1AA</p>	t 0141 577 3967

City of Edinburgh	Scottish Parliament Holyrood, Edinburgh, EH99 1SP	t 0131 348 5000
	Drumbrae Leisure Centre 30 Drum Brae Terrace Edinburgh EH4 7SE	t 0131 312 7957 N.B. Toilet is not accessible from both sides
	Capability Scotland Head Office, Westerlea 11 Ellersly Road Edinburgh EH12 6HY	t 0131 337 9876
Eilean Star		
Falkirk		
Fife	Beacon Leisure Centre Lammerlaws Road Burntisland KY3 9BS	t 01592 583383
	Duloch Leisure Centre Nightingale Place Dunfermline KY11 8LW	t 01383 602209
	Fife Sports Institute Viewfield Road Glenrothes KY6 2RB	t 01592 415700
	Levenmouth Swimming Pool and Sports Centre Promenade Leven KY8 4PA	t 01334 659325
	Lochore Meadows Crosshill Lochgelly KY5 8BA	t 01592 583343 N.B. No toilet in room
	Lynebank Wheelchair Clinic Lynebank Hospital Halbeath Rd Dunfermline KY11 4UW	t 01383 623623

Glasgow City	TouchBase Sense Scotland 43 Middlesex Street Glasgow G41 1EE	t 0141 429 0294
Highland	The Fingal Centre Portree High School Viewfield Rd Portree Isle of Skye IV51 9ET	t 01478 614810
	Sutherland Swimming Pool Complex Back Road, Golspie Sutherland KW10 6RA	t 01408 633437
Inverclyde		
Midlothian		
Moray	Burnie Day Centre Highfield Road Buckie Moray AB56 1JE	t 01542 832605
	Cedarwood Day Service Edgar Road Elgin IV30 6YQ	t 01343 542023
	Keith Resource Centre 26 Mid Street Keith AB55 5AH	t 01542 886174
	Moray Leisure Centre Boroughbriggs Road, Elgin IV30 1AP	t 01343 550033
	Towerview Community Day Centre Market Buildings Leys Road Forres IV36 1DS	t 01309 675586
North Ayrshire		
North Lanarkshire	Isla Money Community Centre Muirhouse Road Motherwell ML1 2LT	t 01698 263615

**North Lanarkshire
(continued)**

Pivot Community
Education Centre
Glenmanor Road
Moodiesburn
North Lanarkshire
G69 0DX

t 01236 874941

Kilysyth Swimming Pool
1 Airdrie Road
Kilysyth
G65 9JE

t 01236 828166

Shotts Community Centre
Kirk Road
Shotts
North Lanarkshire
ML7 5ET

t 01501 821826

Sir Matt Busby Sports Complex
Main Street
Bellshill
ML4 3DP

t 01698 747466

Summerlee Heritage Park
Heritage Way
Coatbridge
ML5 1QD

t 01236 638460

Tryst Sports Complex
Tryst Walk
Cumbernauld
G67 1EW

t 01236 728138

Viewpark Community Centre
Old Edinburgh Road
Viewpark
G71 6PG

t 01698 817500

Wishaw Library
Kenilworth Avenue
Wishaw
ML2 7LP

t 01698 372325

Orkney Islands

Kirkwall Visitor
Information Centre
West Castle Street
Kirkwall
Orkney Islands
KW15 1GU

t 01856 872856

Perth & Kinross	Bells Sports Centre Hay Street Perth PH1 5HS	t 01738 492460
Renfrewshire	Braehead Shopping Centre Kings Inch Road Glasgow G51 4BP	t 0141 885 4600
	Paisley Campus University of West Scotland Elles Building (east) Room L217, Level 2 Paisley PA1 2BE	t 0141 848 3154
Scottish Borders		
Shetland Islands	Esplanade Public Toilets The Esplanade Lerwick Shetland ZE1 0LL	t 01595 744800
South Ayrshire		
South Lanarkshire	Blantyre Leisure Centre Glasgow Road Blantyre G72 0JS	t 01698 727800 N.B. Toilet is not accessible from both sides
	Cambuslang Gate Main Street Cambuslang G72 7HB	t 0141 584 2509
	South Lanarkshire Lifestyle Carnworth Road Carluke ML8 4DF	t 01555 752811
	South Lanarkshire Lifestyle Harry Smith Complex South Lanarkshire Lifestyle Thomas Taylor Avenue Lanark ML11 7DG	t 01555 664419
	South Lanarkshire Lifestyle Fairhill Neilsland Road Hamilton ML3 8HJ	t 01698 456350

South Lanarkshire (continued)	<p>South Lanarkshire Lifestyle Centre, Cambuslang Off Glenside Drive Eastfield Rutherglen G73 3LH</p>	t 01555 752811
	<p>The Murray Owen Centre 1 Liddell Grove The Murray East Kilbride G75 9AD</p>	t 01355 237951
Stirling	<p>Riverbank Resource Centre Forthview Stirling FK8 1TZ</p>	t 01786 470852
West Dunbartonshire	<p>Dumbarton Disability Resource Centre 3 Bruce Street, Dumbarton G82 1HY</p>	t 01389 608164
	<p>Meadow Centre Dumbarton G82 2AA</p>	t 01389 734094
	<p>The Play Dome 2 Abbotsford Road Clydebank, Glasgow G81 1PA</p>	t 0141 951 4321
	<p>Vale of Leven Pool Main Street Alexandria G83 0UE</p>	t 01389 756931
West Lothian		



Please Remember

When visiting a Changing Places toilet please remember to bring your own sling.

This ensures you have the correct sling for you and maintains hygiene.

We also advise you to check that your own slings are compatible with the hoist at each individual location.

